



IS HAPPY TO
ANNOUNCE
A NEW COURSE POST TTC





YOGA unveiled

Your first step after your TTC

Turiya
YOGA ACADEMY



YOGA UNVEILED

YOUR FIRST STEP AFTER YOUR TTC

After a TTC, which remains the most important initial step to undertake, there is no clear idea of how to continue the journey. The enthusiasm generated by the course remains only in those few intense practitioners who self-feed their curiosity. Nonetheless, most of the time, there is no organization. **Yoga Unveiled** was born from this need. This course, through the clearest testimony of Himalayan yoga, will take you into the discipline, revealing the real transformative power of some key aspects already encountered in the previous journey.

YOGA UNVEILED

4 - HOUR COURSE

YOUR FIRST STEP AFTER YOUR TTC

An intense and exciting **four-hour journey** where the common theme of Ashtanga yoga will be expanded and delivered, as you could never hear anywhere else, in an operational role through a useful and pragmatic deepening of its tools such as



yama e niyama



kosha



sutra



hatha

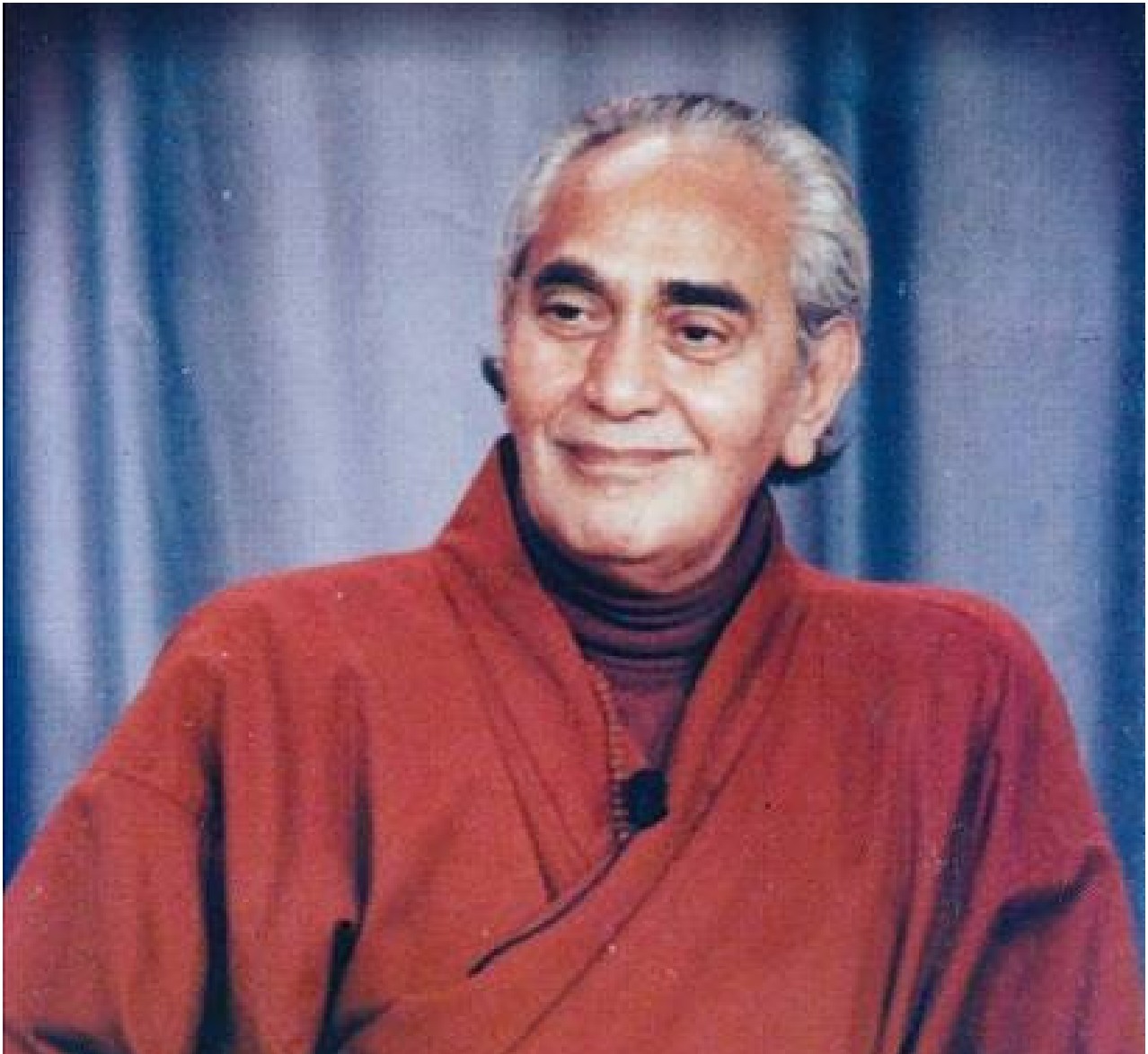


pranayama



**...and much
more!**

YOGA UNVEILED



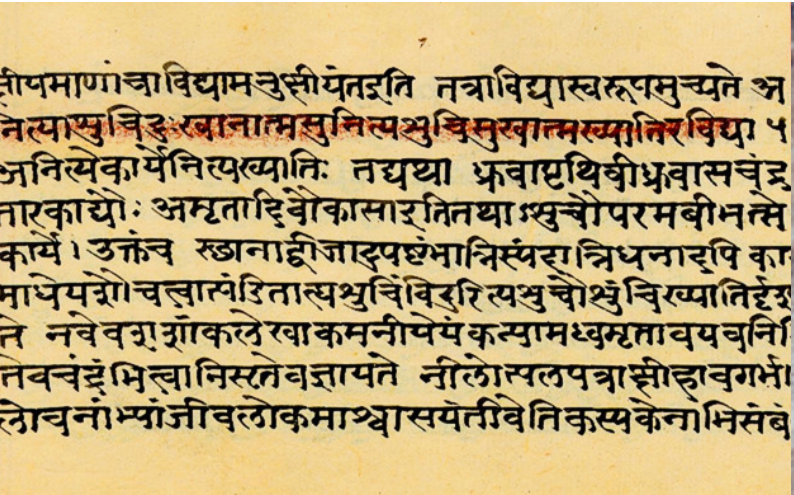
As our teacher **Swami Rama** used to say, yoga should be "a journey of the self, through the self, to reach the self." We have been prepared for our beginning by a handful of heroes who continue with dedication and passion to teach us the basics of this revolutionary and transformative discipline.

AT THE SOURCE OF YOGA

Now, therefore, is the time to not stop going deep back to the origin of oneself so that the message and sharing becomes powerful and even more revolutionary. It is time to learn to witness and share an authentic, traditional yoga for the modern world.

THEN? SECOND STEP

AT THE SOURCE OF YOGA: A COMPLETE COURSE
ON THE PATANJALI YOGA SUTRA - 2-YEAR
COURSE



In this second step, we will bring you to knowledge, already ready prepared to lead the most courageous on a journey of discovery and wonder like no other.



TEACHERS



Vimal Sharma

Yoga Sutra Philosophy Teacher

Direct disciple of Swami Veda Bharati, Vimal holds a Bachelor's degree in Sanskrit, a Master's degree in Philosophy, a Master's degree in Yogic science, a Master's degree in Vedic astrology (pursuing), the certification of four years of residency in Ashram programme (with 2006 class of "Swami Rama Institute of Meditation and Interfaith studies" at "Swami Rama Sadhaka Grama"- Ashram in Rishikesh). ERYT Yoga Alliance US

Simone Carbonardi

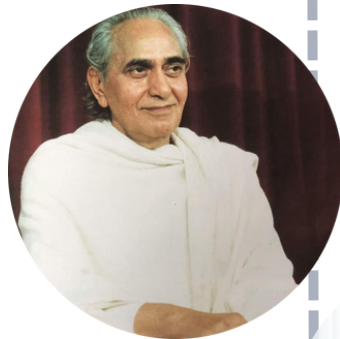
Master Yoga Teacher Yoga Alliance

Simone is one of the 40 Master Yoga Teacher Yoga Alliance. Author of the commentary "Samadhi Pada - Commentario agli Yoga Sutra di Patanjali" and of the poetry book "Yoga in Prosa". Simone teach Yoga and Meditation in his Turiya Yoga Ashram, a place entirely dedicated to Himalayan Masters.





THE HIMALAYAN LINEAGE



Swami Rama

1925 – 1996

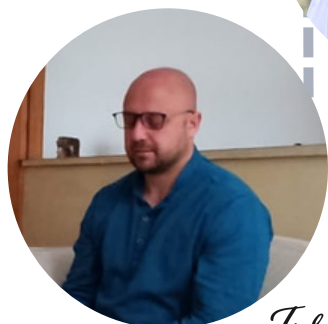
Swami Veda Bharati

1933 – 2015



Swami Ritavan Bharati

Vimal Sharma



Simone Carbonardi



WE LOOK FORWARD TO SEEING YOU IN **YOGA UNVEILED!**
NEXT STEP 2 YEARS COURSE : "AT THE SOURCE OF YOGA"
COMPLETE COURSE ON THE PATANJALI YOGA SUTRA

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